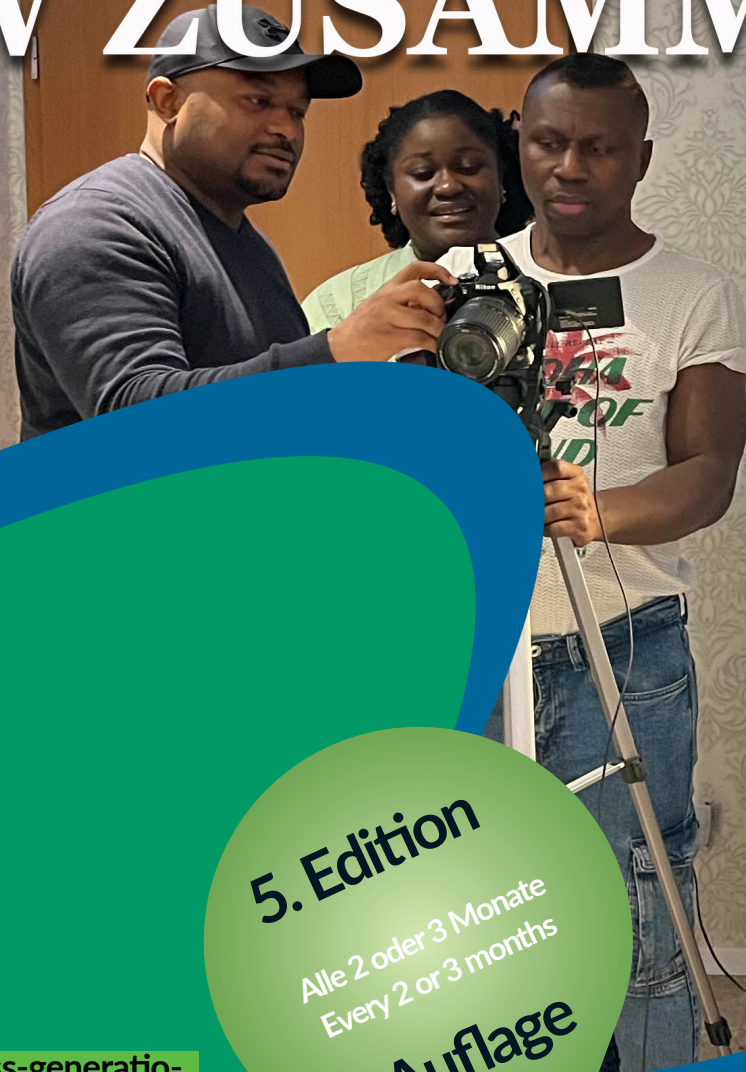


NRW ZUSAMMEN



Virtual Rooms

Summaries of our cross-generational discussions on issues of concern for the African community in NRW

Duisburg Event

Good Heavens!

Stand up for Human Rights - 08-18 Dec

Fachberatung MSO

A look into an organisation that provides expert advice to migrant associations

OUR SHORT Videos

Using short videos to address community issues

5. Edition

Alle 2 oder 3 Monate
Every 2 or 3 months

5. Auflage

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- Förderung der Jugend und Altenhilfe
- Förderung der Erziehung und Berufsbildung
- Förderung der internationaler Gesinnung, der Gebieten der Kultur und des Völkerverständigung



A magazine for people of African origin in the state of North Rhine Westphalia
Ein Magazin für Menschen afrikanischer Herkunft im Nordrhein Westfalen



An African Impulse e.V. Magazine

In this issue



10 More shot videos available

They say a picture speaks louder than words. A video even more so. In this era of technological advances, watching a video online is part of relaxing or learning. In our quest to meet the community in this space with educative videos addressing community issues, our team of ten met in Duisburg twice this November to act some prepared films on interesting topics. Find out more in this edition...



04 Open Air discussion How our cultural background influences our integration into the German society

Gathered in Cologne on June 25 2022, in an open air atmosphere while enjoying african food and grill, we engaged in the topic "How our cultural background influences our integration in the German community". Find out details about this controversial topic and how other Africans think

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08 Virtual Room with Jordan Von Palah

It is mostly said that Africans in the Diaspora are unable to work together as they get involved in too many conflicts for too many reasons. BUT is this true? Is it even unique to Africans? And if true, how do we manage these conflicts and focus our energy into a constructive community?

In a virtual room organized by the African Impulse e.V. within the Framework of Project NRW Zusammen, Jordan Von Palah, a media coach led us through these discussions. Find out more...



06 Virtual Room with Aicha Soulemana

In order to be able to better integrate our children in Germany, we as parents have to deal with the development and needs of the child. In this way we are able to understand the children better and we have the opportunity to support, accompany and encourage them better. On Friday September 30th, we had a Virtual Room discussion with Aicha Soulemana taking us through this engaging topic. Find out more...



CONTACT: media@nrw-zusammen.de

Features

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Menschenskind! Aufstehen für Menschenrechte

08.12 - 18.12.2022

Good Heavens! Stand Up For Human Rights

In celebrating the international World Human Rights day which takes place on the 10th of December 2022, this year, Seebrücke Duisburg and the cultural workers from art@work, together with many initiatives, organizations and individuals are organizing a 10-day program to commemorate the day. Though not a direct participant, the African Impulse e.V. supports this action and calls on all to find time and attend at least one of the events. A detailed program of events is found in this edition of the NRW Magazine.



To reach Africans in the state of NRW, we need to get to them through their various associations. For this reason, we work closely with the associations in planning and carrying out our activities. With Kudeca e.V, we shall be organizing the last workshop of the year on Saturday December 3 with the topic "Food consumption and lifestyle and their impact on cardiovascular diseases". Find out more about Kudeca e.V...

Your article

This is your magazine. Do you have a compelling story to tell? Do you have information of relevance to the African community, especially in the target areas of our project? Do you want to advertise your event or business? That information could be in our next edition. Get in touch through media@nrw-zusammen.de



Welcome to NRW Zusammen

The state of North Rhein Westphalia (Nordrhein Westfalen), with its over 17.9 million inhabitants, is the most populous state of Germany. It is very multicultural and has the largest number of Africans in Germany. These Africans are very dynamic and mostly operate within associations centred around their countries of origins or are increasingly taking up measures aimed at integrating with other people in the community.

We are towards the end of the year and the energy crisis that led to high inflation rates and commodity costs is not letting down. While worried, we still think it is important to have conversations on topics of concern to the African community here in the state of NRW.

Our aim in this edition is to present a summary of discussions we had in the past months in our Virtual Rooms and in open air. We also try to communicate with the African community through short videos. Providing the community with information on how to get support is also an important part of this edition.

With six issues of the NRW Magazine planned, we hope to engage the African community in NRW and provide them with targeted information which will help improve their quality of life here. We would like to thank the Federal Ministry of children, family, refugees and integration of the state of Nordrhein Westfalen for funding this project. Enjoy this issue!

Dipl. Ing. Clement Nkamanyi
President, African Impulse e.V.

How our cultural background influences our integration into the German society

Open Air Discussion

An open air cross-generational discussion with parents & Youths

Gathered in Cologne with members of Club 16 e.V. and friends on June 25 2022, in an open air atmosphere while enjoying african foods and grill, we engaged in the topic "How our cultural background influences our integration in the German community". The topic is to a large extent controversial because it assumes every African living in Germany comes from a similar cultural background. However, we are aware that although there are many cultural similarities among the different people of African descent, it is difficult to approach all the people from African as having similar culture. Then our cultural experiences differ and could be influence by family, historical factors, sociological factors, Religion and even the environment. This implies that the need to approach this topic taking the different factors into consideration is vital. Culture is a word that is derived from a French term that means to tend to the Earth. Culture can include things such as creed, social habits, language, music, arts, and religion. Integration on the other hand refers to a group or persons adapting to the practices and beliefs of a foreign society without sacrificing theirs. We used the meaning of culture as a base of our discussion and how this influences the integration process. Each of the aspects of culture was examined and we could conclude that all the above attributes of culture can facilitate or impair the integration of Africans in the German society. We looked at attributes that are internal that can be changed if efforts are made and aspects that are external and that do not depend on Africans. These are societal difficulties like racism or perceived difficult German bureaucracy.

INTERNAL FACTORS

Many social aspects like the lack of an extended family set-up, closed doors of neighbors, people going about their business and avoiding speaking with one another makes it difficult for Africans to live freely in the German community as they would normally expect. An aspect which provoked a lot of discussion was the time factor. Every African that has been in school knows how important it is to be in school on time. It is unfortunate that it assumed as typical African when people go late to work or school. "The African time" that is being referred to be a more relaxed attitude towards time can be used pejoratively to refer to lack of taking things seriously or being lazy, a form of stereotype. This time issue at work usually provokes quarrels between some Africans and their colleagues. There is no evidence that most Africans go late to work but there is indication that Africans do not consider the issue of time as an indication of bad habit. Living in a society where time is being taken very seriously puts Africans in a position of disadvantage, provokes unacceptance and affects integration process.

On the other hand, there are many Europeans who enjoy this less rigorously scheduled lifestyle also known as typical Africans. It is normal to knock at a friend's door without announcing. This less rigorously scheduled lifestyle gives Africans the advantage to easily communicate with strangers and this supports them to join the majority society easily. Other aspects that were discussed were speaking loud in the street, the difficulties in learning the German language and just adapting to the weather

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How our cultural background influences our integration in the German community

in Europe. The above were aspects that Africans do make efforts to change especially those who have a need to stay in Europe. With some efforts these are aspects that Africans themselves can influence to an extent. If they find it necessary. It is however understandable why some Africans stick to their normal habits. Others may consider it bad, but it entails losing something dear if one must make a change and adopt to another culture. The challenge is therefore to seek the integration that facilitates people adapting to a new system without sacrificing theirs as described above.

This challenge does not only concerns Africans, but the system and the society at large are all invited to look for adequate solutions if we must have a fair world that encourages acceptance.

EXTERNAL FACTORS

Other aspects like racism and rejection of the host community makes Africans to avoid spending time with people of the host community. Sometimes they don't receive the right information either because the person responsible for providing this information deliberately withheld the information or they do not proactively look for information. The bureaucracy in Germany is quite complicated so much so that the Germans themselves have difficulties navigating through this landscape. Not knowing where to go for help can affect health, finances, housing possibilities and even social benefits.

Below are some aspects that we could recognize and that includes both external and internal factors:

- Lack of knowledge of job market
- Lack of information about German society
- Lack of trust in institutions or the institutions do not have patients with foreigners.
- Lack of trust in police or black profiling by the police
- Not knowing where to turn to
- Not knowing the laws
- Lack of advice/counseling
- Having to fit in
- Unfamiliar environment
- Association with wrong people
- Lack of family
- Problems with legal status/papers
- Cultural differences

CONCLUSION

The conclusion we arrived at was that there is need to develop concepts that can help ease these barriers and influence a better living together for both Germans and Africans. There are many intercultural projects going on especially in arts and music. However more needs to be done to facilitate the integration process. The Africans themselves should continue making personal and community efforts, the state changing their approach and the society learning more about the advantage of promoting cultural diversity.

Summary discussion Prepared by Anastasia Nkumi

Disclaimer

The information here are as a result of the discussions in an Open Air Forum on 25.06.2022 titled "How our cultural background influences our integration in the German community". Just like in every of our discussions, the ideas here reflect the opinion of those who participated in the discussions and not that of all of the African community. The information here can also be used as input for any further discussions

THE VIRTUAL ROOM

Parenting for people of African descent

"We as parents must set an example for our children by showing interest and working in partnership with the institutions..."

"The child experiences more security and is able to engage in new things".

"Aicha Soulemana is a pedagogist and works as an adviser at a family center in Cologne".

With Aicha Soulemana

In order to better integrate our children into the German society, we as parents have to pay a closer attention to the development and the needs of our children. This helps us to understand the children better and offers us the opportunity to better support, accompany and encourage them.

In this virtual room organized by the African Impulse e.V. within the Framework of Project NRW Zusammen, on Friday 30.09.2022, Aicha Soulemana took us through the following. We could come out with this summary:

If the basic needs of children are understood and met, the conditions are thus created to support the child in his development and learning processes and to enable him or her lead a satisfying, autonomous life. It is therefore important and necessary to support and encourage children to develop this self-realization through playful activities. Children need structure and rituals, so they can orientate themselves better. The children have a sense of reliance and security.

The children should have the opportunity to be supported and encouraged in the various areas of education, which can be integrated into everyday life with simple play activities and everyday ordinary materials. The children should also be accompanied linguistically in their play process. The employees in the institutions should be informed about changes in the family or environment, so that they can respond appropriately to the individual needs of the child. If the child shows a change in behaviour, they are informed about the background and can show understanding towards the child in order to be able to assist him or her well. Because the child processes the experience and shows this perhaps with silence, retreats or becomes strongly aggressive towards the other children.

If parents do not have the possibility or do not know how to support their child in their development, it should be promptly addressed so as to get help from kin-

dergarten or school. There the parents can be referred to different possibilities or forwarded to the relevant institutions, where they can get support.

"Self-efficacy is the conviction that one can cope with difficult tasks or life problems because of one's own competencies. A child with high self-efficacy is confident and has the conviction that he or she will accomplish what he or she has set out to do. Through the guidance of parents and educators, the child can best develop this ability based on experience. For this, the child needs time, space and materials to be able to gather the experiences and to assimilate them.

There is the possibility to enrol the children in a play-group. Parent/child gymnastics, baby massage or baby

Project News

swimming, thereby aiding the cultivation of the child's social skills. We as parents get to know other parents from the area and there is exchange between parents. There are numerous such opportunities in the municipality where one resides. So, the child has an easy start in kindergarten and does not feel incapable and insecure in his acting. The child is able to explore and can thus better integrate into its environment. The child can develop a basic knowledge consistent with his age through the excursions and experiences and consolidate them. If you have the opportunity and can afford it, it is recommended to take vacations with the children, even if it is only for a few days. That way they will have something to talk about from their vacation. Time and again, other children tell what they have done. Our children usually do not have anything to tell, because they did not do anything during the vacations. They already feel different in society and this can cause insecurity in the child's behaviour. They then have the feeling that they do not belong. There are also local recreation areas where you can experience great things instead of having the kids constantly in front of the TV or on their cell phones for several days at home without doing anything.

CONCLUSION

We as parents have to be a role model for our children by showing interest and working in partnership with the institutions. From experience I have often observed and noticed that the children feel safer and in good hands. They perceive that the parents get along well with the staff at school or kindergarten and thus build trust with the staff. The child feels more secure and is able to engage in new things and gain more positive experiences to enhance their learning skills. As a parent, it is also important to know your child well, to know what your child can do? Where should he or she be supported? This way a good collaboration between staff and parents is possible. In addition, parents need to take more time to communicate with their children and to learn about their interests or what is on the child's mind. This way it is possible to find common resolutions.

Therefore, we must show more commitment in order to be able to accompany the children well - this is our responsibility and task even if we hardly have time.

Summary prepared by Aicha Soulemana

Disclaimer

The information here are as a result of the discussions in the Virtual Room of 30.09.2022 titled "Parenting for people of African decent". Just like in every Virtual Room discussion we have, the ideas here reflect the opinion of those who participated in the discussions and not that of all of the African community. The information here can also be used as input for any further discussions



KUDECA (Kumba Development and Cultural Association) is a non-profit making association that is legally registered as KUDECA e.V based in Mülheim a.d.R Germany. It was found in 2002 by a strong momentum and mobilization of sons and daughters of Kumba residing in Wuppertal, Germany. Its main aim is to breach the gap between the city of Kumba in Cameroon and Germany so as to facilitate the transfer of knowledge and needy materials from Germany to Kumba. Kumba per se is a city in southwest region of the republic of Cameroon. It is popularly known as K-Town with an approximated population of 400,000 inhabitants. Kumba is one of the major producers of Cocoa, palm oil, timber etc. in Cameroon.

THE MAIN GOALS OF KUDECA E.V.

- To bring together sons and daughters from Kumba, residing in Germany
- To build a linkage between Kumba/Cameroon and Germany
- To facilitate Knowledge transfer and needy materials from Germany to Cameroon
- To serve as source of information for both countries
- To promote our cultural heritage to the great nation of Germany

PAST PROJECTS:

- Construction of a pediatric clinic in the village of Ediki-Kumba.
- Supply of medical equipment and textiles to the general hospital in Kumba, the Kumba Urban Health Centre and the Ntam Three Corners Health Centre.
- Supply of huge number of crutches and wheelchairs to handicaps in Kumba.
- Donations of sets of brand-new computers to medical hospitals and the central library in Kumba
- And many Others – Visit their website for more www.kudeca.de



Most of us, Africans are far away from home - some about 10000 km away, if measured by straight line, from where we come from. Where we come from, conflicts are being resolved in different manners and through different mediation channels - Quarter heads, chiefs, village chiefs, friends and families and sometimes neighbours.

In this virtual room organized by the African Impulse e.V. within the Framework of Project NRW Zusammen on Friday 21.10.2022, Jordan Von Palah took us through the following. We could come out with the following:

But we find ourselves in a society today where we face different challenges - different to what we find in our home countries. Considering the challenges we find ourselves in here in the diaspora, we are faced with different conflicts which we have to deal with. Some of these conflicts have a lot of negative impacts on us – and we find some very difficult to resolve.

Here in Europe and in NRW in particular, we are encountered with some conflicts like:

- Person vs. Nature. This type of conflict includes us in relation with the weather situation
- Person vs Society: This kind is about our attitudes in relation with the Europeans around where we are.
- The laws (constitution): These are the rules in the society we live in which are quite different from those in our origins - a continuous struggle to understand.

In our African community, we may find it difficult to resolve conflicts we face because we lack those instruments which we had at home before travelling.

We are also faced with a conflict of misinformation amongst ourselves - that of not narrating the correct or direct information and misinterpretation of the story or information from third parties. These lead to misunderstanding and bring about conflict within our community or society, as thereafter there are different interpretations.

We are also confronted with personal values, by which we look at others as inferiors and expect them to recognise our presence as being their saviour because we provided shelter to them when they arrived and we want to take advantage of their situation.

Social media conflict of comparison: We find ourselves in a digital world where some

Project News

of us want to do what others are doing to show that we can also do it – we want to use our personal achievements as an advantage over others. Some of us have been more successful than those who came before us. The less successful might then find themselves doing the blame game - blaming or accusing others for our misfortunes, even forgetting that we might be the cause of our failure by being lazy or not taking advantage of the development opportunities the country offers.

We also noted that some of us have the attitude of discussing family matters outside out of the family boundary, perhaps with good intentions to seek a solution, forgetting about the fact that the involved family members perceive this as disrespect and exposure of the family to the outside world. More conflict can originate from how the outside party manages the exposed information.

We noted other factors that lead to conflicts in our society – Greed (people want to have more) and trying to compare with others. Without a job, one cannot live a respectful life here, so most in a jobless situation are open to situations of conflict. The gossiping culture is still prevalent. Some are in a situation in which they pay child support. Conflicts could also arise through the notion of sharing bills, which is also some kind of disrespect to the other party and that also leads to conflict.

In an environment where we are confronted with different kinds of challenges, be it cultural or that of integration, it is difficult to allocate and determine where our difficulties are placed. Coming from Africa to the diaspora with different intentions and motives, we come to realise the truth only when we arrive, but the truth is we do not realise these until we are confronted with and disappointed by someone or the system. The state of NRW is very multicultural. People coming from different parts of the world live and interact here.

From our African origins, some of us have never interacted with people from different areas of our country, when we come here, we tend to look at them and expect the same behaviour as us. Dealing with different character of people and we are forced to react differently according to the people we meet. We at times forget about one key factor of cultural integration – tolerance. Considering the fact that we come from an environment where some things or attitudes are not that common, we go about them differently and before we understand the reality of the situation it must have been somehow too late. At times we do not even realize our own part of the bad behaviour.

We notice that our interaction in the society by not respecting the way of life of the host country could as well be a problem. We see this everyday – Some of us are just too loud when we speak in public shared places like trains, some of us hold

outdoor parties in residential areas and continue to be very loud after 10pm, when we run bars we always see the situation where we stand out late in front of the premise and discuss loud, hence inviting police presence and when the police arrive, we complain

Some Africans here still face a crisis of poverty – this might be as a result of not finding employment (even because they do not have a working permit) and hence living in difficult social situations. Most also lack the education needed in the German labour market to take up attractive employment because they are unaware of the possibilities of the education or assume they might not have the ability or time to do so – They end up doing jobs which are not what they intend to and hence remain in a situation of permanent conflict with the system and envy of other successful persons of their community.

Most Africans want to interact with their kind. Finding a husband, boyfriend, girlfriend or wife, sometimes friends could be a problem. This might lead to loneliness and eventually create a conflict situation.

Having enumerated all the areas where eventual conflict might develop, we exchanged ideas on what it takes to reduce or prevent these conflicts. We noted that problems shall always exist – they are not there to destroy us. We need to face them. In resolving conflicts, we need to be ready to forgive and forget.

Finding ways of resolving these conflicts would require proven tools. We recognize that what we have done in this session is just a starting point in which we look at ourselves in the eyes and try to identify the problems. We all recognized the need for a larger session with more people bringing in wider opinions.

In any case we resolved to the following as a way of first trying to prevent or resolve conflicts amongst ourselves:

- Assuming that there is no threat of physical violence, talk directly to the Person with whom you have the problem.
- Choose a convenient time to talk to the person involved.
- Actively Listen to the other person (show the person that you are listening)
- Stop blaming others or calling names

Summary prepared by Jordan Von Palah

Disclaimer

The information here are as a result of the discussions in the Virtual Room of 21.10.2022 titled "Conflict Management in Our African society". Just like in every Virtual Room discussion we have, the ideas here reflect the opinion of those who participated in the discussions and not that of all of the African community. The information here can also be used as input for any further discussions

MISCONCEPTIONS OF AFRICAN YOUTHS



The African boy of today in North Rhine Westfalen, just like any other generations before wants to look good. Today, being that might mean having dreadlocks, doing body piercings or tattoos, wearing earrings etc. What seems normal to these young people could be strange for their African parents who mostly have different cultural backgrounds and have misconceptions about these practices. In this short film (2 minutes), we try to take a look at an example of this. Watch the film through the Youtube link <https://www.youtube.com/watch?v=ZfH6Lgee-1U>

DON'T JUDGE - THE YOUNG GENERATION COULD SPEND QUALITY TIME ON THEIR PHONES



Young people in Germany today spend a lot of their time on their phones. But is this quality time? Do they spend this time mostly on social media as many might think? Do they also get to learn or gain anything from their online presence? This short film depicts a typical scene in an African family home in the German state of North Rhine Westphalia and could provide answers to these questions. Watch the short film (2 minutes) through the Youtube link <https://www.youtube.com/watch?v=G8VmVKSuPho>

THE NRW MAGAZINE



We know you read this magazine. Not everyone is however informed. Have you seen a magazine which is written by Africans in the state of NRW with the clear purpose of providing information of importance to the African community? This is exactly what the NRW Magazine does. During our last acting series, these youths were able to produce and ad which should give your reason to want to read the magazine or attract more people to do so. Watch the film via Youtube <https://www.youtube.com/watch?v=U6xKTad01uI>

FAKE NEWS ALARM



Not all what we hear or see is true. As technology improves, so too does the availability of information. Everyone is able to provide or forward information over the Internet. This can be done through video (YouTube etc) and social media channels (Facebook, WhatsApp, Medium, Snapchat etc) as well as other media, some of which are yet to come. In this short video (4 minutes), the guys from Candy Cartel presented one way fake news is spread. Watch here <https://www.youtube.com/watch?v=TiZrqynewgk>





People with migration backgrounds are part of the global community here. They play a great role in shaping the society. They mostly operate in groups or clubs. These clubs carry out a lot of activities that improve the situation of their people here and also represent their interests.

Specialist advice for migrant organizations in North Rhine-Westphalia

The state of North Rhine Westphalia (Nordrhein Westfalen), with its over 17.9 million inhabitants, is the most populous state of Germany. According to data from [statista.com](https://www.statista.com), Germany is made up of 13.1% foreigners. The state of NRW is also composed of 14.2% foreigners. Foreigners here refer to persons who are not Germans according to Article 116 Paragraph 1 of the Basic Law. Foreigners also include stateless persons and persons with unclear nationality. They could be born in Germany or immigrated. Germans having foreign citizenship do not belong to the foreign population. Foreigners are a subgroup of people with a migration background.

People with migration backgrounds are part of the global community here. They play a great role in shaping the society. They mostly operate in groups or clubs. These clubs carry out a lot of activities that improve the situation of their people here and also represent their interests. They are involved in social work, in awareness campaigns, support in the education and integration of their people in the society. They organize cultural events that enrich the society and promote tolerance and the intercultural opening of the society.

The best way for these migrant communities to profit from state support is when they operate in structures like clubs (Vereine). Most migrant organisations do not however know that state support structures exist or how they can benefit from such structures.

In this article, we would like to introduce to the African community one of these structures that support migrant organisations - The Fachberatung Migrantenselbstorganisationen NRW, translated into English as Specialist advice for migrant organizations in NRW

The specialist advice service for migrant self-organizations in North Rhine-Westphalia (Fachberatung Migrantenselbstorganisationen NRW) with headquarters in Bochum, advises, promotes and supports associations mostly made up of people with an international family history. Their goal is to qualify the existing migrant self-organizations (MSO), to network them with each other and to professionalize and expand their activities. They also support new immigrant groups in founding associations and financing them. It is based at Paritätisches NRW and is funded by the Ministry for Children, Family, Refugees and Integration of the State of North Rhine-Westphalia (MKFFI NRW). Three main pillars

mark the areas of concentration of this office in their support for these organisations.

1) BERATUNG VOR ORT

Their specialists work throughout the state for the migrant self-organizations in North Rhine-Westphalia. They cover a large number of topics that are relevant to working in an association - they help in the association creation process, help with the acquisition of funding, and also offer support in the implementation of projects or the creation of proof of use of project funds.

The consultations are preferably held on site at the clubs. This is the best way for them to get an idea of the current situation of the organization and to identify opportunities in the social space. Fill free to also contact them by telephone by consulting their website through the following link <https://www.mso-nrw.de/ueber-uns/kurzportraet>.

Support Info

2) QUALIFICATION

The specialist advice service for migrant self-organizations offer further training courses to MSO organisations. These courses impart important skills for the smooth running of the organisations. Parts of these events focus on making these organisations understand the basic skills needed in successfully running social organizations. These include, for example:

- taxes and finances,
- project applications,
- data protection
- office management.

In addition, they offer events with technical content that MSOs could eventually deal with. For example:

- Work with young people (boys and girls),
- health self-help
- culturally sensitive care
- conspiracy myths
- anti-Semitism
- etc

At the moment, most of their events currently taking place online. In addition to the advanced training series „Vereinsarbeit verbessern – Verantwortung stärken“ (“Improve association work - strengthen responsibility”), they currently offer an in-depth series on the subject of project applications. They also offer a series of seminars called „Frauen in der Vorstandsarbeit von MSO“ (“Women in the Management Board of MSO”), which is aimed exclusively at women dedicated to association work.

An overview of the current events is available for download on their homepage. It should be noted that their events are only open to representatives of migrant organizations. It doesn't matter whether it's an initiative or an association that has already been founded.

3) Networking of MSO

The networking of migrant self-organizations is an important cross-cutting issue for the specialist advice service. It is important for them to contribute to the networking between different MSOs. Through this, they can bring inexperienced applications in contact with those which have faced similar problems before so that they can profit from their experience.

When these associations get to know each other, they can profit from the network effect - exchanging experiences, learning from one another and using synergies.

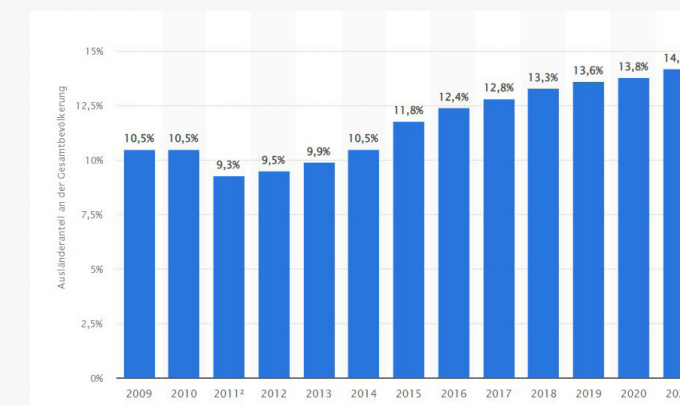
Another networking path of the specialist advice service is the understanding that cooperation is essential for successful social work. They therefore seek to connect MSOs with other actors who are relevant for their work. These actors could be municipal authorities, integration agencies, other non-profit organizations at the local level, as well as ministries, associations, foundations and many other actors at the state level.

In addition to the key activities mentioned above, the specialist advice service understands how important grants are for the realization of MSO projects. In this light, they publish information on their website about what kinds of projects are possible (State and private). Find below, links to some projects posted on their website:

- [MSO Förderung des Landes NRW](#)
- [Stiftungssuche](#)
- [Kinder- und Jugendförderplan NRW](#)
- [Förderprogramme der Aktion Mensch](#)
- [Postcode-Lotterie](#)
- [Robert Bosch Stiftung](#)
- [Bundesprogramm "Demokratie leben!"](#)
- [Deutsche Stiftung für Ehrenamt und Engagement](#)

The above information was all collected from the homepage of the Fachberatung Migrantenselbstorganisationen NRW.

Mother association of the specialist advice service, the Paritätische Nordrhein-Westfalen (NRW) is one of the six central associations of non-statutory welfare in Germany and a member association. This means that the social work is carried out by the member organizations. It is the umbrella organization for around 3,200 organizations with more than 6,600 facilities and services in all fields of social work in North Rhine-Westphalia. The member organizations are advised by the association and their interests are represented.



Project Good Heavens

So 11.12.	Zentrale Veranstaltungen Dellplatz • Innenstadt 15:30 Uhr • St. Joseph • Innenstadt Konzert für Menschenrechte MUSIK POESIE BILDER mit Akteuren aus 4 Kontinenten 17:00 Uhr • Dellplatz • Innenstadt Kreative Manifestation mit Großprojektionen auf die Kirchenfassade Offener Projektchor Jugendtanzprojekt „Recht auf Stadt“ Balkan Brass Band Parade Duisburger Initiativen Ausstellungen / Mitmachaktionen / Kulinarisches ... Veranstalter art@work + Seebrücke Duisburg 18:00 Uhr • St. Joseph • Innenstadt Themengottesdienst der Jugendkirche TABGHA	Di 13.12. 19.00 Uhr • Harmoniestr. 41 • Ruhrort Dokumentation zu Malala Yousafzai jüngste Friedensnobel-Preisträgerin (FILM) Weitblick Duisburg-Essen e.V. Lokal Harmonie 15.00–18.00 Uhr • Kalthoffstr. 73 • Obermarxloh Das Mädchen Wadjda Film über den Traum eines Mädchens. Wadjda lebt in Saudi-Arabien und will ein Fahrrad. MABILDA e.V. 18.30 Uhr • Schwarzenberger Str. 147 • Rheinhausen Internationale Kinderbühne Bahtalo Konzert und Offenes Singen, Lichtertanz und Kunstbasar	
	Mi 14.12. 18.30 Uhr • Harmoniestr. 41 • Ruhrort Klima-Monologe Klimakrise – Fluchtursache Dokumentarisches Theater Wort+Herzschlag mit musikal. Begleitung und Aktivist:innen von FfF Duisburg Veranstalter Seebrücke Duisburg / Lokal Harmonie 14.00 Uhr • Schwarzenberger Str. 147 • Rheinhausen Das kleine Dis macht Terz Musik - Theater-Spaß für die Kleinsten Kom'ma Theater PREMIERE (kommatheater.de) 16.00–17.00 Uhr • Opernplatz • Innenstadt Frauenrechte sind Menschenrechte! Geschichten, Bilder und Performance Bürgerplattform DUaktiv + weitere Gruppen	Sa 17.12. 20.00 Uhr • Schwarzenberger Str. 147 • Rheinhausen Rio70 Kom'ma Theater kommatheater.de	
Mo 12.12.	19.30 Uhr • Harmoniestr. 41 • Ruhrort Szenische Lesung „WasserGeräusch“ Über das buchhalterische Dokumentieren von Todesfällen und Tragödien auf dem Mittelmeer mit Adriana Kocija Text: Marco Martinelli (Teatro delle Albe, Ravenna) Lokal Harmonie 19.00 Uhr • Steinsche Gasse 26 • Innenstadt Verbrechen gegen die Menschlichkeit Vortrag von Rainer Spallek VHS Innenstadt 16.00–17.30 • Uhr An der Paulskirche 9 • Marxloh Ein Recht auf Fest Gemeinsames Essen und Austausch Tausche Bildung für Wohnen e.V.	Do 15.12. 18.30 Uhr • Dr. Hans-Böckler-Str. 289 • Wehofen Kriegsdenkmäler – Werbung für den nächsten Krieg Vortrag mit Bildern von Martin Dietsch (Duisburger Institut für Sprach- und Sozialforschung) VVN BdA Duisburg e.V. / Kultur- u. Freizeitzentrum 16.00 Uhr • Goldstr. 4-6 • Dellviertel Glück ist für mich ... Preisverleihung des Malwettbewerb Regenbogen Duisburg gGmbH / rebokids	So 18.12. 15.00 Uhr • Schwarzenberger Str. 147 • Rheinhausen Ox und Esel Kindertheater Kom'ma Theater kommatheater.de
	Willkommen Dobre doshli Bun Zi Merhaba Bienvenue Welcome 19.00 Uhr • Kulturkirche Liebfrauen König-Heinrich-Platz • Innenstadt Eröffnung der Aktionstage AUSSTELLUNGEN Des Menschen Recht Werke von Hanne Hanke-Mangels, Stephanie Aholt, Ghazwan Assaf Menschenrechte an den Außen- grenzen der EU – Anspruch und Wirklichkeit vom Aachener Netzwerk / Aachener-Netzwerk.de Foto-Ausstellung zum 70-jährigen Jubiläum der Allgemeinen Erklärung der Menschenrechte von Amnesty International MUSIK POESIE PERFORMANCES Ensemble SYRIAB, Sascha Bauer, Simone Helle, Hanne Hanke-Mangels Veranstalter: Seebrücke Duisburg	Fr 09.12. 14.00–16.00 Uhr • Königstr. 49 • Innenstadt Recht auf sexuelle Selbstbestimmung pro familia Möglichkeiten der Vermittlung in Politik, Öffentlichkeit und Pädagogik 14.00–16.00 Uhr • Von-der-Mark-Str. 68 • Meiderich Ohne Kinderrechte wird alles grau ein kreativer und bunter Nachmittag für Kinder jeden Alters Psychiatrische Hilfgemeinschaft Duisburg gGmbH 19.00 Uhr • Oststr. 125 • Neudorf Freie Menschen kann man nicht zähmen (Yahya Ekhou) Lesung aus Werken von Autoren im Exil Musik Rainer Spallek 5,00 € Eintritt/Spende Tausendundein Buchladen + Säkulare Flüchtlingshilfe 19.00 Uhr • Landfermannstr. 9 • Innenstadt Filmabend „Klimakrise und Menschenrechte“ Fridays for future Duisburg Linkes Zentrum Maria Mester 20.00 Uhr • Steinsche Gasse 26 • VHS Innenstadt Brief-Marathon für Menschenrechte und Informationen anlässlich der Lesung des Schauspielers Rupert Seidel aus Fang Fangs „Wuhan Diary“ Amnesty International – Gruppe Duisburg	Sa 10.12. 11.00 Uhr • Rheinhausen Markt Was braucht der Mensch Internationale Kinderbühne Bahtalo Walking Acts + Interviews zu Kinder Menschenrechten 11.00–12.00 Uhr • Neumarkt 19 • Ruhrort Lesung aus dem Roman (Didier Daeninckx) Es geht um die Suche nach eigenen Träumen eines 13-Jährigen in NAZI- Mutter stammt aus Duisburg, der afrikanischer Kolonialsoldat. Deutsch-Französische Gesellschaft Das PLUS am Neumarkt 11.00–21.00 Uhr • Duisburger Wehr Amnesty International Briefmarathon, Informationen und Verkauf 15.00 Uhr • Dr. Hans-Böckler-Str. 2 Nâzim Hikmet - verurteilt verstoßen, verehrt VVN BdA Duisburg e.V. Gedichte und Lieder in Deutsch und Türkisch Kultur- und Freizeitzentrum 17.00–19.00 Uhr • Forum • Königstr. Wussten Sie das? - Friedensquiz-Aktion Friedensforum Duisburg 18.00 Uhr • Bismarkstr. 32 • Neudorf Menschlichkeit nicht nur Weihnachtszeit Flüchtlingshilfe Neudorf e.V. Erzählungen über Flucht, Information gemeinsames Singen
Do 08.12.			

Stand up for Human Rights

r. 147 • Rheinhausen HTALO r.de	08.–15.12. 08.–15.12. • Sonnenwall 45 • Innenstadt Im Laden – Zeichen setzen für Kinder- und Menschenrechte Buchhandlung Scheuermann 08.–15.12. • Gneisenaustr. 226 • Neudorf Fenster für Menschenrechte Wir machen Aufklärung! / Buchhandlung Weltbühne 08.–15.12. • Dellplatz • Dellviertel Denkraum – Grenzen überwinden Ausstellung gegen Rassismus, Fremdenfeindlichkeit und Diskriminierung – für ein friedliches Miteinander art@work Ausstellung der Glückswerke im Schaufenster „Kinder- und Menschenrechte“ im Schaufenster 08.–15.12. • Bergheimer Str. 121 • Rheinhausen Denkmal Ausstellung Menschenrechte und Bergbau Denkmal Abdullah (Abbi) Altun 08.–15.12. • Ludgeriplatz 39 • Du-Neudorf • LadenEden Now you see me – ein Leben auf Lesbos Fotoausstellung im Schaufenster Freie ev. Gemeinde Duisburg City	Menschenkind! Aufstehen für Menschenrechte  Human Rights <i>Artikel 1: Alle Menschen sind frei und gleich an Würde und Rechten geboren</i> 08.12. – 18.12.2022 mit Musik, Kunst, Informationen, Mitmachaktionen ... präsentiert von Duisburger Organisationen und Initiativen   Veranstalter: Seebrücke Duisburg, Art@work
	r. 147 • Rheinhausen r.de	
r. 147 • Rheinhausen r.de	2. Duissern n mit!	
nrechte es t hrt Galadio“ Wurzeln und um Zeiten. Seine ledige ter ist franz.-	Stapeltor 6 • Innenstadt (Uhrzeit erfragen) Afrikanische Perspektiven auf Menschenrechte Soziokulturelles Zentrum Stapeltor 20.00 Uhr • Schwarzenberger Str. 147 • Rheinhausen Kom´ma jazzt für Menschenrechte Lehmann´s Bros. Benefiz für Seebrücke DU Kom´ma Theater kommatheater.de Blumenstr. 4 • Neudorf Im Laden – Zeichen für Kinder- und Menschenrechte Duisburg Unverpackt	Wir danken    Gefördert durch ENGAGEMENT GLOBAL   Service für Entwicklungsinitiativen    mit Mitteln des Kirchlichen Entwicklungsdienstes Demokratie leben!   wort und herz schlag   KOMMAN NRW     ART@WORK   
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Human Rights

Artikel 1:
Alle Menschen sind frei und gleich
an Würde und Rechten geboren

08.12. - 18.12.2022

mit
Musik, Kunst, Informationen, Mitmachaktionen ...
präsentiert von
Duisburger Organisationen und Initiativen



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